

**DIPLOMA IN GENERAL NURSING AND MIDWIFERY - SECOND YEAR  
EXAMINATION, SEPTEMBER 2021**

**NEW SYLLABUS**

**PAPER III - MENTAL HEALTH NURSING**

Time: Three hours

Maximum marks: 75

- Note:** 1. Answer all the questions.  
2. Draw the Diagrams wherever necessary  
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**I. Define the following**

**5x1=5**

- a) Mental Health
- b) Phobia
- c) Echolalia
- d) Schizophrenia
- e) Dementia

**II. Fill in the blanks with suitable words**

**5x1=5**

- a) False perception is termed as -----
- b) Walking during sleep is known as -----
- c) Indian Lunacy Act was enacted in the year -----
- d) Therapeutic serum Lithium level is ----- to-----
- e) A motiveless resistance to all commands is -----

**III. Match the following**

**5x1=5**

S. No.	A	B
1	Sublimation	Sexual drive
2	Imipramine	Melancholic
3	Paranoid	Antidepressants
4	Personality	Defence mechanism
5	Libido	Extremely suspicious

**IV. Choose the correct answer 5x1=5**

- 1. Inability to feel pleasure in normally pleasurable activities  
a) Anhedonia    b) Cyclothymia    c) Dyslexia    d) Dysthymia
- 2. Motor restlessness is  
a) Akathisia    b) Akinesia    c) Aphasia    d) Abreaction
- 3. The ability to understand one's own behaviour and emotion  
a) Intelligence    b) Insight    c) Incoherence    d) Illusion

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4. Apathy is the common mood state in  
a) Mania      b) Alcoholism      c) Chronic schizophrenia      d) Depression
5. Periodic craving for alcohol is  
a) Kleptomania      b) Dipsomania      c) Hypomania      d) Trichotillomania

**V. Write short notes on any five of the following**

**5x5=25**

- a) Prevention of mental illness.
- b) Characteristics of a mentally healthy person.
- c) Care of an aggressive patient.
- d) Role of Nurse in Electroconvulsive therapy.
- e) Behaviour therapy.
- f) Obsessive Compulsive Disorder

**VI. Write in detail answer any three of the following**

**3x10=30**

- a) Define mania. Write the causes, clinical manifestation and nursing management with Nursing Process.
- b) Mention Psychiatric emergencies. How will you manage a patient with suicidal tendencies?
- c) Write briefly about admission and discharge procedure in Mental hospital.
- d) Discuss about antipsychotic drugs and Nurse's responsibility for a patient receiving Antipsychotic drugs.

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